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AUTHOR Els, Susan McBride
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ABSTRACT

This book records the author's creative processes as she wrote the book, presenting a personal journey where all artists will recognize aspects of themselves. The first (and most extensive) part of the book (entitled "Elements of Creativity") reveals universal elements of creativity that mirror the ancient elements in nature: "Water," with shadowy intuitions, vague images, and premonitions of potential that impel creative work; "Wind," representing the inspiration that stirs creativity; "Fire," signifying the coming of ideas; and "Earth," stretching to touch the solid ground beneath creativity. The second part of the book ("Out of the Jungle, into the Garden") is divided into sections entitled "Possessing the Garden," in which the author likens the creative work to a writer's garden, and "Suckers and Volunteers," in which the author compares her writing processes to weeding and tending the garden. (RS)

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